

ASHEVILLE WARD RELIEF SOCIETY

June, 2022

This Sunday's Lesson

Our lesson this Sunday will be taught by Emily Warburton. Some helpful materials to study beforehand: "A Mighty Change of Heart" (Eduardo Gavarett) and "Then Will I Make Weak Things Become Strong" (Kevin S. Hamilton)

BIRTHDAYS



June 1- Kelsey Barnett Long
June 5- Julie Duran
June 11- Heather Hardy
June 15- Rachel Ballard
June 17- Kathleen Blanchette
June 25- Marie Allen
June 26- Ashleigh Dilts
June 27- Stacy Stewart
June 28- Connie Johnson

June's Lesson Theme:

*Discover the Joy of
Daily Repentance*

As you may remember, our lessons for the next several months will be centered around President Nelson's 5 suggestions for maintaining spiritual momentum (which he shared this past General Conference). The theme for June is discovering the joy of daily repentance. In his Conference address, President Nelson explained that when we delay repentance, we slow down our spiritual growth. Though challenging, repentance is "the key to progress." Making covenants is only one part of our journey on the path of discipleship/ the path to eternal life; *breaking* covenants is also part of that path, because we are imperfect. The path to eternal life was not designed to be easy; nor was it designed to be walked alone. Eternal glory is only made possible through accessing the Savior's atonement in our lives. As we head into our lesson on Sunday, please consider reading the materials listed above, **and** consider how repentance has **blessed** your life.